



## Guidance for “At-Home” Learning HELPFUL HINTS

- ❖ **Establish a schedule for your student/s.** While it may seem like “vacation” time, school begins March 30, 2020. The only difference is where the students are receiving the instruction. Establish a schedule that includes breakfast, learning time, recess/break, lunch, more learning, family time and bedtime.
- ❖ **Establish a “school area” in your home.** Students need a dedicated area in the house that is for their school-time. It helps with focus and effectiveness with at-home learning.
- ❖ **Be involved in what your student/s are learning.** While teachers are attempting to support students via phone, email and other communication methods, your student/s will need your support in order to be successful.
- ❖ **Reach out to the teachers for support.** Each teacher will provide you with their contact information. Don’t be afraid to communicate with the teachers and ask for guidance/support.
- ❖ **Find time for students to play and engage in family time.** Even though learning is occurring at home, with an established schedule and specific times dedicated to schoolwork, the school day should end around 3:25. Use “after school” time to enjoy each other and create meaningful family bonds.

